



BARNES OFFICE CENTER  
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### BREATH TEST INSTRUCTIONS

- Please do not have anything to eat or drink for at least one hour prior to the test time.
- You must not have any acid suppressing medications such as Prilosec, Prevacid, Protonix, Aciphex, Nexium, Omeprazole, Pantoprazole for 2 full weeks prior to the test.
- You must also avoid Pepto Bismol and antibiotics for 4-6 full weeks prior to the test.
- You may continue any Zantac, Tagamet, Pepcid, or Axid for your stomach right up until 24 hours prior to the test.

Appointment Date: \_\_\_\_\_

Appointment Time: \_\_\_\_\_

Location: \_\_\_\_\_